



# VPA 11 E-Newsletter

JUNE 20, 2009

CONVENTIONCHAIR@YAHOO.COM

VOLUME 10, PAGE 1

Count down 2, 1

2 More weeks to go.

We look forward to seeing you in a couple of weeks at the convention

## FORUMS & SERVICES:

- CONTINUED MEDICAL EDUCATION
- WOMENS FORUM
- YOUTH FORUM
- BUSINESS FORUM
- SINGLES MEET
- VPA HEALTH SCREEN (NEW)

Visit [www.myvpa.org/2009](http://www.myvpa.org/2009) for more updated details

**Book your air tickets now!!**

Houston is hosting other major conventions that weekend.

**Check out**

The 11<sup>th</sup> VPA Convention Committee Welcomes you all to Houston. Were you boggled by our Program Schedule? Well here's a lot more to make the convention more exciting.

## Presenting our Forums & Services:

A Galore of excellent Guest speakers & enough activities to keep you enamored!

## VPA HEALTH SCREEN

Date: July 3rd & July 4th, 2009

Time : 7.00 A.M - 10.00 A.M

Location: Breakout Room - WESTHEIMER

### HIGHLIGHTS:

- Body Mass Index.
- **Blood pressure.**
- **Fasting lipids** (Cholesterol, Triglyceride, LDL and HDL).
- **Fasting blood sugar including blood chemistry.**
- Results review and recommendations

**Sponsored by : Jayanthi Ramu Family Practice  
Ramegowda Belakere MD PhD  
Jayanthi Ramu MD PhD**

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**Singles Meet**

**Sign up at**

[www.vpamatch.com](http://www.vpamatch.com)

**Check out Youth Forum on FACEBOOK**

**Group:**

**2009 VPA Youth Forum**

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**Book your Hotel Rooms by:**

**June 18th, 2009 to get the 'VPA Group Rate'**

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# Women's Forum - Educate Empower Enlighten

## Guest Speakers:



MRS. LAKSHMY PARAMESWARAN



MRS. JESAL PATEL

Lakshmy Parameswaran, a first generation immigrant from India, is a founder and past president of Daya Inc., a Houston-based nonprofit organization serving South Asian victims of abuse and violence since 1996. She obtained her MA in Family Therapy from the University of Houston–Clear Lake and is a licensed counselor with a private practice specializing in domestic violence and sexual assault issues. She has conducted numerous workshops on gender-based violence. Her writings have appeared in the Houston Chronicle and Texas Psychologist; her essay on the origin of the South Asian domestic violence movement is included in Shout Out: Women of Color Respond to Violence, an anthology published by Seal Press. Lakshmy considers her continued involvement with Daya in bringing awareness to domestic violence issues as the most significant aspect of her work. For more information on Daya, visit [www.dayahouston.org](http://www.dayahouston.org).

### **JULY 3RD, 2009 - FRIDAY - BALLROOM**

2.30 P.M - 3.30 P.M: Dance Workshop by Yamuna Srinidhi

3.30 P.M - 4.30 P.M: Make-up Workshop by Priti Patel

### **JULY 4TH, 2009 - SATURDAY - BREAKOUT ROOM - WESTHEIMER**

#### **2.05 P.M - 2.35 P.M: EDUCATE**

Special Guest: Mrs. Lakshmy Parameswaran from organization 'DAYA'  
Topic: Parent Child Communication- Dealing with two different cultures

#### **2.35 P.M - 3.30 P.M: EMPOWER**

Special Guest: Mrs. Jesal Patel

Topic(s): Finance and Tax Planning.

Raising a financially responsible child.

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## **SINGLES MEET**



*Singles Meet and Greet - Ice Breaker and Socializing Event*

Friday - July 3, 2009 - 9.30 PM - 11.00 PM Location - Canyon Café (Across the street from the hotel)

*Singles Meet – Mix, Mingle and Coffee Talk - A Casual Event*

Saturday - July 4, 2009 - 9.30 AM - 10.15 AM Location - Breakout room - Woodway

*Singles Meet - Wine and Cheese Event - A chance to know your potential partner.*

*Speed networking mix event*

**Saturday - July 4, 2009 - 3 PM - 5 PM Location - Breakout room - Woodway**

## **CONTINUING MEDICAL EDUCATION (CME) Program for Physicians**

Friday, 3<sup>rd</sup> July 2009, 2-5 PM at the Breakout Room - Westheimer

**Moderator:** Vasu Bommanna MD, Chair, CME Committee

### **Introduction and Declaring open CME Program**

2-3 PM: Key Note Speaker:

**Dr. Alok Kalia, Clinical Professor, UTMB, Galveston**

**Topic:** Metabolic Syndrome in South East Asians

3-4 PM: " New concepts in the management of the peripheral vascular patient"

**Dr. Imran Mohiuddin, Clinical Assistant Professor**

**Weil Cornell Medical College, Houston**

4-5 PM: "Approach to evaluation of Kidney Disease"

**Dr. Shivaiah Balachandra, Assistant Professor, UTMB, Galveston**

Note: CME accreditation provided through University of Texas Medical Branch at Galveston (UTMB)

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## **Business Forum**

**Date & Time:** Friday, July 3<sup>rd</sup>, 2009 2 P.M to 5 P.M

**Location:** Breakout Room(s) - San Felipe A & B

**Guest Speakers:**



**Dr. Madaiah Revana** , an eminent Cardiologist & a Winemaker

Dr. Madaiah Revana grew up in rural India near the city of Bangalore where his family has been farming for generations.

Dr. Revana balances a successful practice as a cardiologist in Houston, Texas with his commitment to winemaking.

In 1997, while visiting the Napa Valley, Dr. Revana discovered a small parcel of prime vineyard land just north of the town of St. Helena. He immediately sensed the property's potential and thus began the now famous Revana Winery. His love for both wine and the rich tradition and culture of winemaking led him first to develop his estate Cabernet property in Napa Valley and then Alexana in Oregon's Dundee Hills

## Ashok Gowda, Ph.D. - Founder, President and CEO of BioTex, Inc

Dr. Gowda has served as President and Chief Executive Officer of BioTex, Inc. since its inception in April 1997. His roles at the Company include those of inventor, scientist, and manager of technology development. Dr. Gowda has functioned as principal investigator on government and private foundation sponsored research projects to develop novel cutting edged medical technologies. Dr. Gowda currently leads NIH supported early stage efforts to develop improved laser delivery systems for treatment of cardiac arrhythmias, gastroesophageal reflux disorder, and focal cancerous tumors. In addition to his research activities, Dr. Gowda organizes collaboration between physicians, expert consultants, and BioTex personnel to ensure maximum effort toward successfully achieving research goals. Dr. Gowda received his BE degree in Biomedical Engineering from Vanderbilt University in 1991 and the M.S. and Ph.D. degrees in Bioengineering from Texas A&M University in 1998. Dr. Gowda's primary research interests are in the medical therapeutic device development with emphasis on laser-based thermal therapies.

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*Coming Soon! Look out for our Youth Newsletter next...*

**\*\*\*Newsletter compiled by Roopa Gowda. Please send your thoughts & suggestions to [conventionchair@yahoo.com](mailto:conventionchair@yahoo.com)**